

# Netley Abbey Junior School

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Director of Teaching and Learning: Mrs. Rosie Earle

Head of School: Miss. Rosie Tebbutt



21 May 2018

Dear Parents

## Upcoming PSHE Topic – Year 3

In the next half term our topic will be focusing on growing and changing in our PSHE lessons. The objectives covered during these lessons will be the following:

- To reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals
- About change, including transitions (between Key Stages and schools), loss, separation, divorce and bereavement
- To recognise how images in the media do not always reflect reality and can affect how people feel about themselves
- How their body will, and emotions may, change as they approach and move through puberty - in particular looking at periods.

If you have any questions or concerns, please do not hesitate to contact a member of the year 3 team. However, if you would like your child to opt out of this learning please complete the slip below and return it to your child's class teacher.

Yours sincerely

Miss Warraich  
Year 3 Progress and Attainment Lead

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### Year 3 - PSHE Growing and Changing Topic

Name of child: \_\_\_\_\_ Class: \_\_\_\_\_

I would like my child to opt out of the Growing and Changing Topic.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Please print: \_\_\_\_\_