

Netley Abbey Junior School

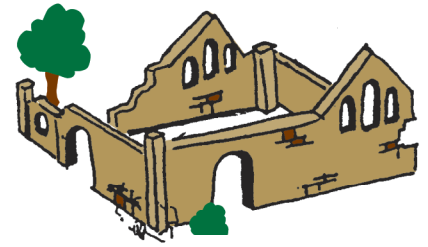
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Headteacher: Mrs. Shirley Nicholas-Bond

Deputy Headteacher: Mr. Peter Watts



20th January 2017

Dear Parents

This term all children in Year 5 will be taking part in lessons about growing up as part of the school's Sex and Relationship curriculum. These lessons have two main objectives:-

- To know about the changes that occur during puberty and how to prepare for these
- To know how hormones affect our mood

These sessions are supported using age appropriate resources. The children will be taught, sometimes as class groups, but will also be split during the puberty lessons to allow more free speech and to be able to discuss any specific questions with a teacher.

All children will go through puberty and although sometimes the conversations can feel slightly awkward for children and parents; they are very important to help the children supplement their learning at school. I would recommend that you see one of the Y5 teachers if you are concerned about any aspect of these sessions and to discuss the learning with your child.

If for any reason you feel that you would prefer to teach your child about these topics outside of school and would like them to opt out of these sessions I would ask you to put this request in writing.

Yours sincerely

Miss J Crowton
Year 5 Teacher