



Parent and Carer Drop in

Alison Horsley, Parent Support Adviser and Paula Andrews, Community Nursery Nurse will be holding monthly support drop in sessions at

St Paul's Church, Bursledon

You are welcome to pop in for a tea or coffee to speak to either of us about any parenting or child health issues from 9.00 am.

Parenting workshops will start at 9.30 until 11.30.

Friday 7th October Tissues and Tears support for managing separation anxiety

Friday 4th November The Power of Praise, catch them being good!

Friday 2nd December Tinsel and Tantrums, setting routines and boundaries to manage the Christmas celebrations

You are welcome to attend all the sessions or just the sessions that are relevant to you. For more information contact

Alison 07884233005

