

Netley Abbey Junior School

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Head of School: Miss. Rosie Tebbutt



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Dear Parents

ALLERGIES – SCHOOL DINNERS AND SNACKS

Can I please remind all parents that we have children in school with the following allergies:-

- **Nuts, sesame and legumes.**

These allergies can be triggered from indirect contact i.e. touching areas where the products have been. Please consider carefully when providing your child with a snack or a packed lunch. **NO** foods containing sesame (i.e. sesame topped buns and humous), nut based products (i.e. chocolate spreads), peas, broad beans, lentils, chickpeas, French beans, butter beans, haricot beans, kidney beans, sugar snap peas, pulses, soybeans and soya.

The health and safety of all children in school is a high priority and trust that you will support the school to ensure that it is a safe environment for all and thank you in advance for your co-operation.

HOT WEATHER CONDITIONS

No doubt you have all seen the weather forecast for this week with glorious sunshine and high temperatures across the UK. With this in mind, I would like to take this opportunity to remind all parents of the following:-

- Please make sure your child has a named water bottle in school at **all** times. Staying hydrated is an important health benefit and will help your child to feel well in school and avoid unnecessary headaches due to dehydration.
- Sun Cream – please make sure your child has cream applied before they come to school. If you want them to reapply cream whilst in school, please send in the sun cream in a named bottle and give to the class teacher to look after. Please make sure your child does not share their sun cream as other children may have allergies.
- Hats and sunglasses – your child may benefit from wearing a sun hat or sunglasses, particularly if they suffer from hayfever. Please label where you can.
- Hayfever sufferers – please make sure your child takes the appropriate medication in the morning.

Yours sincerely

Mrs S Nicholas-Bond
Headteacher